

October 2025

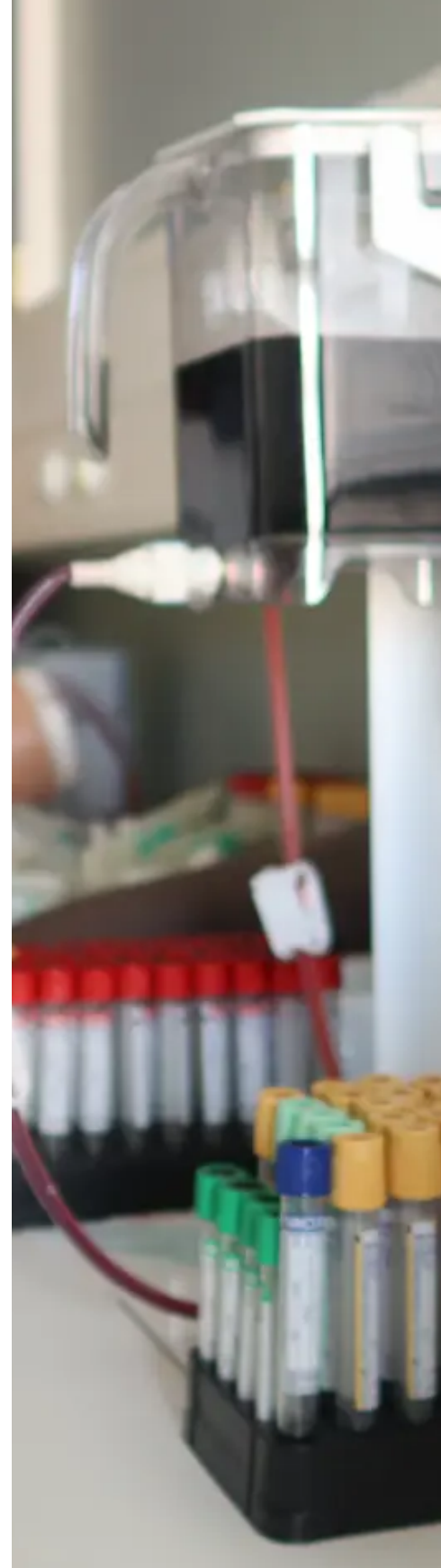
# Clinical Skills Brochure

**CLINICAL SKILLS TEAM**

Created by

**Katherine Kelly**

Education Lead for  
Clinical Skills



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# ABOUT US

Located in Field House, the clinical skills team are a small, dedicated team that strive to support high quality education. We facilitate the delivery of theoretical and practical elements of a range of clinical skills. This can be via our regular timetabled sessions we offer throughout the year, or by request we can design clinical skills days, based on the needs of individual areas within the Trust.

We can support the education design and delivery for your clinical area, as well as help with assessment to achieve competence. We predominantly deliver our sessions face to face, in our purpose-built teaching room, but can utilise a variety of teaching methods for the delivery of our sessions.

If you would like further information on any of our course availability, please contact [clinical.skills@bthft.nhs.uk](mailto:clinical.skills@bthft.nhs.uk) and we will get back to you as soon as possible.



## **Katherine Kelly - Education Lead for Clinical Skills**

Katherine is a children's nurse who graduated in 2014. She spent five years in general paediatrics before moving into education roles, where she is passionate about enhancing patient care and supporting new starters.



## **Sam Shaju - Clinical Educator**

Sam graduated from Kerala, India in 2021 with a BSc in Adult, Paediatric, Mental Health Nursing, and Midwifery. Sam joined the team in November 2023 with a background in ICU. Sam's teaching is engaging and inspiring.



## **Ann Lovatt - Clinical Educator**

Ann, a Registered Nurse since 1997 with a background in education, joined the Clinical Skills team in 2019. She is highly knowledgeable and creates safe, supportive learning environments.



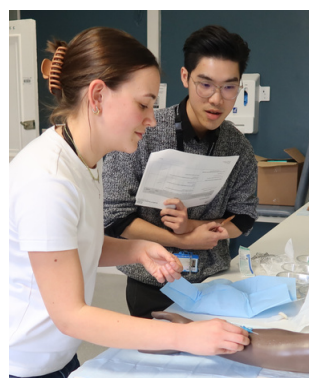
## **Alifiyah Bostan - Clinical Educator**

Alifiyah, a former Therapeutic Radiographer, has experience mentoring and assessing students and new staff. She joined the team in January 2024 and enjoys delivering engaging sessions that develop healthcare professionals' skills.



## **Hina Shah - Education Administrator**

Hina is our wonderful administrator, keeping everything organised and running smoothly. She joined the team in May 2023, bringing experience in customer service, and is currently completing a degree in Business and Economics.



# Safe Administration of Medicines – Induction

This session provides registered practitioners with up-to-date evidence, guidelines, and policies to ensure the safe administration of medicines.

Participants will gain a comprehensive understanding of their role in medicines management, including the safe storage, administration, and disposal of medications.

Key topics include current legislation, professional responsibilities, the Rights of Medication Administration, allergy and anaphylaxis guidance, and the safe use, prescribing, and administration of oxygen.

The session also explores human factors, barriers to safe practice, the cold chain, and learning from medication-related safety events, supporting practitioners to deliver care safely and confidently.



**3 HOURS**  
**FACE TO FACE**



## AIMED AT

Healthcare professionals who administer medications as part of their role.



## PLACE

Delivered in Field House, BRI as part of qualified induction week.

# Safe Administration of Medicines – Update

The Safe Administration of Medicines (SAMs) 2 yearly update session for registered professionals provides an in-depth exploration of the current legal, ethical, and professional considerations in medication administration.

Participants will examine real-life medication safety incidents, reflecting on lessons learned to enhance clinical practice.

The session emphasises the critical safety aspects of the administration process, supporting practitioners in maintaining high standards of care and reducing the risk of errors in their daily practice.



**2 HOURS**  
**FACE TO FACE OR**  
**VIRTUALLY**



## AIMED AT

Healthcare professionals who administer medications as part of their role.



## PLACE

Delivered in Field House, BRI.

# Intravenous Medication Administration

This session provides practitioners with the knowledge and skills required to safely and competently administer intravenous (IV) medications and manage fluid therapy. Participants will refresh their understanding of the legal and professional responsibilities associated with IV administration, the principles of IV therapy, and the different methods of delivery.

The course covers the identification and management of common complications, infection prevention, accurate fluid monitoring, and the use of IV infusion devices.

Participants will also practice assessing Visual Infusion Phlebitis Scores (VIPS), recognise and respond to anaphylaxis in line with Resuscitation Council (UK) guidelines, and reinforce sharps safety and pharmacological awareness, ensuring safe, effective patient care.



**6 HOURS**  
**FACE TO FACE**



## AIMED AT

Healthcare professionals who administer intravenous medications as part of their role.



## PLACE

Delivered in Field House, BRI as part of qualified induction week.

# Peripheral Venepuncture

This session provides practitioners with a solid theoretical foundation in venepuncture and an opportunity to practice the skill under supervision in a safe, controlled environment.

Participants will learn to perform venepuncture competently, understand the relevant anatomy and physiology of veins and arteries, and be aware of legal, professional, and infection prevention considerations.

The session also covers the recognition and management of potential complications. Hands-on practice is conducted using manikins to ensure confidence and competence before clinical application.



**3 HOURS**  
**FACE TO FACE**



## AIMED AT

Healthcare professionals who undertake blood sampling as part of their role.



## PLACE

Delivered in Field House, BRI in the Clinical Skills Practical Room.

# Peripheral Intravenous Cannulation

This session provides practitioners with a comprehensive theoretical foundation and practical experience in peripheral intravenous cannulation.

Participants will have the opportunity to practice cannulation on a manikin in a safe, supervised environment, developing competence in correct and safe technique.

The session covers relevant anatomy and physiology, legal and professional responsibilities, infection prevention and control, and the recognition and management of potential complications. It is designed to ensure participants gain confidence and proficiency in performing cannulation safely and effectively.



**3 HOURS**  
**FACE TO FACE**



## AIMED AT

Healthcare professionals who insert peripheral cannulas as part of their role.



## PLACE

Delivered in Field House, BRI in the Clinical Skills Practical Room.

# Combined Venepuncture & Cannulation

This session provides practitioners with a comprehensive theoretical foundation and practical experience in venepuncture and peripheral intravenous cannulation.

Participants will have the opportunity to practice venepuncture and cannulation on a manikin in a safe, supervised environment, developing competence in correct and safe technique.

The session covers relevant anatomy and physiology, legal and professional responsibilities, infection prevention and control, and the recognition and management of potential complications. It is designed to ensure participants gain confidence and proficiency in performing venepuncture and cannulation safely and effectively.



**3.5 HOURS**  
**FACE TO FACE**



## AIMED AT

Healthcare professionals who undertake blood sampling and insert peripheral cannulas as part of their role.



## PLACE

Delivered in Field House, BRI in the Clinical Skills Practical Room.

# Central Venous Access Devices

This session provides practitioners with a comprehensive understanding of the care and management of central venous access devices. Participants will gain a sound theoretical foundation covering relevant anatomy, physiology, and the different types and uses of CVADs.

The session explores legal and professional responsibilities, infection prevention and control measures, and the recognition and management of potential complications.

Learners will have the opportunity to practice safe access, care, and management techniques under supervision in a controlled environment, including the safe removal process, documentation, and aftercare, ensuring competence and confidence in clinical practice.



**3 HOURS**  
**FACE TO FACE**



## AIMED AT

Healthcare professionals who insert peripheral cannulas as part of their role.



## PLACE

Delivered in Field House, BRI in the Clinical Skills Practical Room.

# Recording a 12 Lead ECG

The primary aim of this session is to equip healthcare professionals at Bradford Teaching Hospitals NHS Foundation Trust (BTHFT) with the knowledge, skills, and confidence to accurately record a 12 Lead Electrocardiogram (ECG).

Participants will explore the legal and professional responsibilities associated with ECG recording, understand the electrical activity of the heart, and relate this to ECG interpretation.

The session covers indications for obtaining a 12 lead ECG, patient preparation, safe and effective use of the ECG machine, correct electrode placement, and troubleshooting interrupted tracings. By the end of the session, participants will be able to record, document, and report ECG findings accurately and confidently.



**3 HOURS**  
**FACE TO FACE**



## AIMED AT

Healthcare professionals who carry out 12 lead ECGs as part of their role.



## PLACE

Delivered in Field House, BRI in the Clinical Skills Practical Room.

# Combined Urethral Catheterisation

This session enables participants to actively engage in educational activities that develop the knowledge, skills, and professional attitudes required to safely and effectively insert a urinary catheter into male and/or female patients. The course covers genitourinary anatomy and physiology, legal and professional considerations, and the limits of clinical practice.

Participants will learn when catheterisation is indicated or contraindicated to prevent complications and will demonstrate correct preparation, insertion, and removal techniques.

The session also includes discussion on the ongoing care and management of catheterised patients to maintain safety and comfort, alongside accurate documentation of procedural events and findings using the Electronic Patient Record (EPR) system.



**3.5 HOURS**  
**FACE TO FACE**



## AIMED AT

Healthcare professionals who insert urethral catheters as part of their role.



## PLACE

Delivered in Field House, BRI in the Clinical Skills Practical Room.

# Chest Drain Care and Management

This session provides practitioners with the essential knowledge and foundation to become competent in the basic care and management of chest drains. It includes an overview of respiratory anatomy and physiology relevant to chest drain use, alongside an understanding of the indications for insertion and key aspects of patient management.

Participants will explore troubleshooting techniques, potential complications, and the importance of accurate documentation on EPR.

The session also addresses the legal and professional responsibilities associated with caring for patients with chest drains, ensuring safe and effective clinical practice.



**3 HOURS**  
**FACE TO FACE**



## AIMED AT

Healthcare professionals who care for patients with intercostal chest drains.



## PLACE

Delivered in Field House, BRI in the Clinical Skills Practical Room.

# Deteriorating Patient Workshop

This interactive workshop equips participants with the knowledge, skills, and confidence to recognise and respond effectively to patient deterioration.

Using a structured A-E assessment, participants will identify early signs and symptoms of deterioration through realistic clinical scenarios with an augmented reality manikin.

The session reinforces the use of NEWS2 for accurate documentation and escalation, alongside the SBAR communication framework to support clear, structured handovers and timely intervention.



**3 HOURS**  
**FACE TO FACE**



## AIMED AT

Healthcare professionals who undertake clinical observations as part of their role. This session can be delivered multiprofessionally.



## PLACE

Delivered in Field House, BRI in the Clinical Skills Practical Room.

# Injection Techniques

This session provides a sound theoretical foundation for practitioners undertaking injection administration.

Participants will learn to identify safe anatomical sites for intramuscular, subcutaneous, and intradermal injections, and discuss effective and safe techniques for each method.

The session also explores potential complications and strategies to reduce risks, alongside a review of the anaphylaxis algorithm and first-line treatment. Attendees will have the opportunity to demonstrate practical competence in administering intramuscular, subcutaneous, and intradermal injections safely and effectively.



**2 HOURS**  
**FACE TO FACE**



## AIMED AT

Healthcare professionals who administered subcutaneous and/or intramuscular injections as part of their role.



## PLACE

Delivered in Field House, BRI in the Clinical Skills Practical Room.

# Non-Medical Consent

This interactive session equips healthcare practitioners with the knowledge, understanding, and practical skills required to obtain valid consent in line with current legal, ethical, and professional standards.

Participants will explore what constitutes valid consent, when it should be sought, and the practitioner's responsibilities in ensuring informed decision-making. The session covers key topics including consent for vulnerable patients, assessing capacity, best interest decisions, and managing refusal or withdrawal of consent.

Learners will also examine consent in research contexts, the implications of advance directives, and best practice for accurate documentation. This training promotes safe, patient-centred care through confident and compliant consent practices.



**3 HOURS**  
**FACE TO FACE**



## AIMED AT

Registered healthcare professionals involved in obtaining consent as part of their professional role.



## PLACE

Delivered in Field House, BRI.

# Booking Terms and Conditions

For external bookings –

- Candidates' full name and company details are required
- Payment must be made in full before your booking is confirmed. We reserve the right to refuse attendance if payment is not made.
- Cancellations 6 weeks prior to the course will result in a full refund.
- Cancellations 5 weeks prior to the course will result in a 50% refund.
- Cancellations less than 5 weeks prior to the course will result in no refund.
- The Trust reserves the right to reschedule course dates at short notice for example, insufficient places are booked to be cost effective or adverse weather conditions which could present staff/instructors from arriving at the centre.

## Contact Details:



**07436424638**



**[Clinical.Skills@bthft.nhs.uk](mailto:Clinical.Skills@bthft.nhs.uk)**



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