

November 2025

Resuscitation Courses

**ENHANCING PATIENT
SAFETY THROUGH
PRACTICE**

Created by

Resuscitation Team

BEaT Bradford Education and Training



Resuscitation course overview

Resuscitation Council UK accredited courses

We provide a wide range of Resuscitation Council UK accredited courses for healthcare professionals, covering adult, paediatric, and newborn life support. We also deliver instructor-led programmes for those who wish to progress into teaching and become certified Resus Council UK instructors.

Trust mandatory Basic Life Support courses

We run obligatory training for healthcare professionals to perform basic life support (BLS), which includes essential interventions like CPR and AED use. This includes adult and paediatric BLS.

Adult Life Support

Basic Life Support BLS

A mandatory requirement for all staff, particularly those working clinically. Teaches essential life-saving skills for adult emergencies including compressions and rescue breaths, use of the AED.

Immediate Life Support ILS

One day course for healthcare professionals, focusing on an A-E approach of recognising deterioration of an unwell patient and skills to manage a patient in cardiac arrest. This course is for professionals who may be first responders, or whom may manage a cardiac arrest before an advance team arrives. Accredited certification lasts for 1 year.

ILSr

As above. Half day course designed for certified healthcare professionals to refresh their knowledge and practical skills. Accredited certification lasts for one year (you must have completed a full ILS course)

Advanced Life Support

Covering advanced skills for recognition of a deteriorating adult using an A-E approach, perform CPR and defibrillation, how to manage critical situations with focus on team approach and develop non-technical skills.

This is aimed at healthcare professionals who are expected to lead or participate within a resuscitation team.

Accredited certification last for 4 years.

Paediatric and Newborn Life Support

Paediatric Basic Life Support PBLS

A requirement for all staff who may care for or encounter children and infants. Particularly those working clinically. Teaches essential life-saving skills for paediatric emergencies including compressions and rescue breaths, and choking.

Paediatric Immediate Life Support PILS

One day course for healthcare professionals, focusing on an A-E approach of recognising deterioration of an unwell child/infant and skills to manage a child/infant in cardiac arrest. This course is for professionals who may be first responders, or whom may manage a cardiac arrest before an advance team arrives.

Accredited certification lasts for one year.

European Paediatric Advanced Life Support EPALS

Two day course providing advanced skills for critically unwell infants and children. Recognition of a deteriorating child using an A-E approach, perform CPR and defibrillation, how to manage critical situations with focus on team approach and develop non-technical skills.

This is aimed at healthcare professionals who are expected to lead or participate within a resuscitation team.

Accredited certification lasting 4 years.

Newborn Life Support

One day course providing skills and knowledge required for the resuscitation and immediate management of newborn infants in an emergency.

This is aimed at healthcare professionals who are involved in the delivery and care of newborns.

Accredited certification lasting 4 years.

Instructor Courses

Basic Life Support instructor BLSi

Providing healthcare professionals with skills to effectively teach basic life support skills (adult and paediatric)

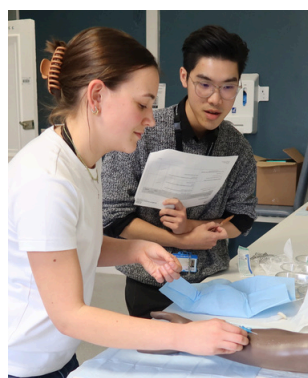
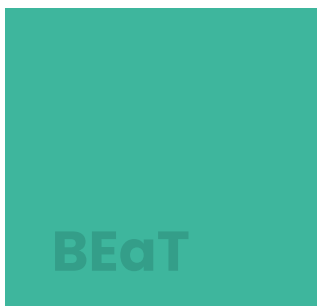
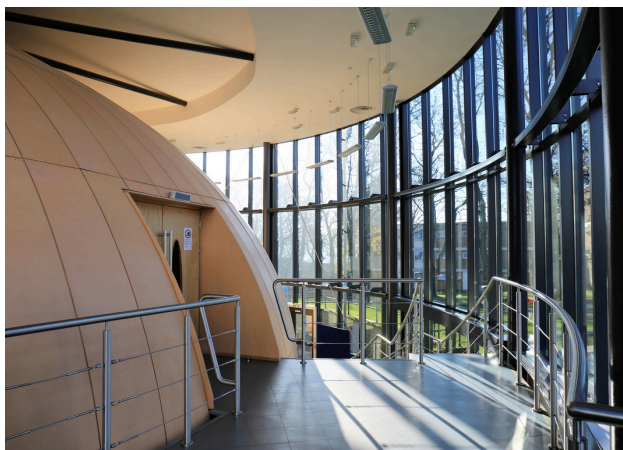
Immediate Life Support Instructor ILSi

A one day course providing healthcare professionals with skills to effectively teach ILS and PILS. Focuses on planning and delivering various teaching sessions, providing feedback and conducting assessments. (adult and paediatric) Candidates must have an IP (instructor potential) nomination from ILS, PILS, ALS, or EPALS before applying for the course.

Generic Instructor Course GIC

Two day course designed to teach the principles of adult learning for instructing and delivering various RCUK courses including ALS, EPALS and NLS.

Candidates must have an IP (instructor potential) nomination from ALS, NLS or EPALS before applying for the course. For full accreditation, candidates must then teach on two provider course as an IC (instructor candidate).



The Resus Team



Eve Flockton – Resuscitation Training Lead



Jorgen Moore – Resuscitation Officer



Amanda Sharp – Resuscitation Officer



Vikki Deegan – Resuscitation Officer



Mansoor Ahmed – Resuscitation Administrator

Course dates and bookings



TO BOOK

To book a place on a course, please email:

bookings.resuscitation@bthft.nhs.uk

(Mandatory BTHFT Adult BLS must be booked via ESR)

For upcoming course dates, please visit our website:

www.bradfordeducationandtraining.nhs.uk



PRICING

Course costs vary depending on internal or external funding arrangements.

For detailed information regarding fees, please contact:

bookings.resuscitation@bthft.nhs.uk

Our team will be happy to provide the relevant cost information.



RESUSCITATION COUNCIL UK

For further information regarding RC(UK) courses, please visit:

www.resus.org.uk

Full course details and additional resources can be found on their website.



EDUCATION CENTRE

Our on-site education centre, Field House, is staffed by highly experienced professionals with extensive training and educational expertise.

Our aim is to deliver high-quality training and education, always keeping the patient at the heart of everything we do